



REGIONAL REGULATIONS ON BREASTFEEDING FOR HEALTH CENTERS

These Regulations have been established by professionals from the Health Service of Murcia and approved by representatives from different Health Centres of the Region, as well as by the General Directorate of Healthcare. The contents of these regulations commits to the 7 steps towards happy Natural Breastfeeding, the International Code of Marketing of Breast-Milk Substitutes and the strategy for Normal Delivery Healthcare.

These regulations are mandatory for all healthcare professionals when performing their professional duties within their job description

At this Health Center:

- 1** Witten Regulations on breastfeeding are available upon request.
- 2** We are committed to providing the healthcare professionals with the tools to implement the regulations.
- 3** Pregnant women and their families will be given information on the benefits and management of breastfeeding.
- 4** The professionals of this centre are committed to supporting mothers at the beginning and establishment of breastfeeding, by working with mothers and helping them overcome the most common difficulties.
- 5** Our actions will be aimed at helping to maintain breastfeeding and supporting exclusive breastfeeding during the first six months and breastfeeding complemented with other foods for two more years.
- 6** Families with breastfeeding mothers will find a welcoming environment.
- 7** We are committed to fostering community support to breastfeeding.